

## **Neuropsychology and Mediation Reading List (Updated 11/10)**

Here's where to start:

My published stuff:

### **Books**

- ELUSIVE PEACE: STRATEGIES FOR RESOLVING 21<sup>ST</sup> CENTURY CONFLICTS, (IN PRESS)  
(Prometheus, Buffalo, NY (Spring 2011 release).
- SEX, POLITICS & RELIGION AT THE OFFICE: THE NEW COMPETITIVE ADVANTAGE, co-authored  
with John Boogaert, Auberry Press (Fresno CA 2006).
- Chapter 3: The Neuropsychology of Conflict* in THE PSYCHOLOGY OF RESOLVING GLOBAL  
CONFLICTS: FROM WAR TO PEACE, (M. Fitzduff & C.E. Stout, eds.) vol.1, Praeger  
Security International (Wesport CN 2006).
- PEACEMAKING: PRACTICING AT THE INTERSECTION OF LAW AND HUMAN CONFLICT (Cascadia  
Publishing House, Telford PA 2003)

### **Articles**

- "Dealing with Biases in Settlement Decisions," ADVOCATE, (September 2010)
- "The Myth of the Mediator as Settlement Broker," DISPUTE RESOLUTION JOURNAL, (June-  
July 2009)
- "Deeper Dimensions," ABA DISPUTE RESOLUTION MAGAZINE, (September 2007)
- Columnist, "Peacemaking," THE FRESNO BUSINESS JOURNAL, and [WWW.MEDIATE.COM](http://WWW.MEDIATE.COM),  
2000-2006
- "Breach of Faith: Mediating Clergy Sexual Abuse Cases," ACRESOLUTION MAGAZINE  
(Summer 2004),
- "Interest-Based Negotiation," THE SUCCESSFUL CALIFORNIA ACCOUNTANT, v.57, Summer,  
2002,
- "Warrior to Peacemaker: One Lawyer's Journey," CONCILIATION QUARTERLY, vol. 20, no.  
4 pp. 9-10, Fall 2001,
- "A Theory of Mediation," DISPUTE RESOLUTION JOURNAL (Feb. 2001),
- "Restorative Justice: A Framework for Fresno,"  
<http://www.fresno.edu/pacs/docs/rjframe0201.pdf>,
- "Rules of Engagement," THE SUCCESSFUL CALIFORNIA ACCOUNTANT, v.55, Winter, 2001,
- "Peacemaking and Conflict Management," THE SUCCESSFUL CALIFORNIA ACCOUNTANT,  
v.55, Fall, 2000,
- "Conflict Escalation: A Five Phase Model," [WWW.MEDIATE.COM](http://WWW.MEDIATE.COM),

"Conflict Dynamics," LOS ANGELES DAILY JOURNAL VERDICTS AND SETTLEMENTS, October 20, 2000.

Material I have found to be informative and provocative for mediation practice and theory:

Audio Lectures:

Sapolsky, Robert, "Biology and Human Behavior: The Neurological Origins of Individuality," The Teaching Company Course No. 1597--[www.teach12.com](http://www.teach12.com)--This is my recommendation for a starting place. I listened to this 12 lecture (in 30 minute segments) and found it comprehensive and very useful. Sapolsky is a great teacher and lecturer out of Stanford.

Books:

1. Gazzinaga, Michael, "The Mind's Past," Univ. Cal. Press (1998)--great discussion of how the brain processes information.
2. Danasio, Antonio, "The Feeling of What Happens: Body and Emotion in the Making of Consciousness," Harcourt Brace 1999
3. LeDoux, Joseph, "The Emotional Brain: The Mysterious Underpinnings of Emotional Life," Simon & Schuster 1996.
4. LeDoux, Joseph, "The Synaptic Self," 2003
5. Allman, John, "Evolving Brains," Scientific American Library 1998--this is a great introduction to evolutionary biology and the brain--very readable.
6. D'Aquili, E. & Newberg, A., "The Mystical Mind: Probing the Biology of Religious Experience," Fortress Press 1999--fascinating studies on mystical states of the brain.
7. Pert, Candace "The Molecules of Emotion" --part scientific autobiography, part hard science--easy reading about the discovery of neurohormones in the 1980s.
8. Lipton, Bruce, "The Biology of Belief," Mountain of Love/Elite Books 2005.
9. Childre, Doc & Martin, Howard, "The HeartMath Solution," Harper San Francisco 2000 and go to [www.heartmath.org](http://www.heartmath.org) for the latest heart-brain studies.
10. Iacoboni, Marco, "Mirroring People: the Science of Empathy and How We Connect with Others," Picador/ Farrar Strauss & Giroux New York 2009
11. Ariely, Dan, "Predictably Irrational: The Hidden Forces that Shape Our Decisions," Harper New York 2008.
12. Christopher Chabris & Daniel Simon, "The Invisible Gorilla and Other Ways Our Intuitions Deceive Us," Crown Archtype 2010.
13. Ronald Heifetz, "Leadership Without Easy Answers," Harvard University Press 1998 (adaptive leadership—change leader to mediator and this book shows how to manage no-caucus mediations).

There are hundreds, if not thousands of papers, studies, etc. that I can cite to you, but if you read some or all of the above, you will become grounded in the work.

A couple of tips. First, forget the nomenclature and geography of the brain. You are looking for the big picture, not the nitty-gritty technical stuff. My head hurts when I try to figure out what the nucleus accubens is or where the medioventral hypothalamus is located, so I accept that the physical layout is not nearly as important as the concept of how it all works. Second, take your time--all of the books are written for well-educated, intelligent lay people, but the stuff is still highly technical. Third, don't expect to gain great insights into mediation practice or human conflict right away. Let this stuff percolate for awhile. Write down your ah-hahs and share them with me. We can talk or write as you move through this material.

Stay in touch.

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